



**ARMY PUBLIC SCHOOL RAKHMUTHI
SYLLABUS OF PSYCHOLOGY (SPLIT-UP)
CLASS-XI (SESSION 2023-24)**

MONTHS	UNIT	CONTENT	ACTIVITIES/PROJECT WORK
MAY	UNIT 1 WHAT IS PSYCHOLOGY UNIT 2 METHODS IN PSYCHOLOGICAL ENQUIRY	1. Introduction 2. What is Psychology? Psychology as a Discipline Psychology as Natural Science Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life 1. Introduction 2. Goals of Psychological Enquiry Steps in Conducting Scientific Research Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology ☐ Observational Method ☐ Experimental Method ☐ Correlational Research ☐ Survey Research ☐ Psychological Testing ☐ Case Study	Students were asked to compare their definition of psychology with what the textbook says is. Identifying the dependent and independent variable in different situations.
JUNE	UNIT 2 METHODS IN PSYCHOLOGICAL ENQUIRY UNIT TEST I	5. Analysis of Data Quantitative Method Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical issues CHAPTER I and II	Identifying the most appropriate method of enquiry for different research problems.
JULY	Unit 4 HUMAN DEVELOPMENT	1. Introduction 2. Meaning of Development Lifespan Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages Prenatal Stage Infancy Childhood Challenges of Adolescence Adulthood and Old Age	Role play on various developmental issues.
AUGUST	UNIT 5 SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities Functional limitation of sense organs 5. Attentional Processes Selective Attention Sustained Attention 6. Perceptual Processes Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance Monocular Cues and Binocular Cues 10. Perceptual Constancies 11. Illusions 12. Socio-Cultural Influences on Perception UNIT 1,2,4 AND 5	Activity on visual perceptions.
HALF YEARLY EXAM			

SEPTEMBER	UNIT 6 LEARNING	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning ☐ Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning ☐ Determinants of Operant Conditioning ☐ Key Learning Processes 6. Observational Learning 7. Cognitive Learning <ol style="list-style-type: none"> 8. Verbal Learning 9. Skill Learning 10. Factors Facilitating Learning 11. Learning Disabilities 	Activity on category clustering.
OCTOBER	UNIT 7 HUMAN MEMORY	<ol style="list-style-type: none"> 1. Introduction 2. Nature of memory 3. Information Processing Approach : The Stage Model 4. Memory Systems : Sensory, Short-term and Long term Memories 5. Levels of Processing 6. Types of Long-term Memory ☐ Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting ☐ Forgetting due to Trace Decay, Interference and Retrieval Failure 8. Enhancing Memory ☐ Mnemonics using Images and Organisation 	Activity on retroactive and proactive interference.
NOVEMBER	UNIT 8 THINKING	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Thinking ☐ Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and Process of Creative Thinking ☐ Nature of Creative Thinking ☐ Process of Creative Thinking 8. Thought and Language 9. Development of Language and Language Use 	<p>Activity on anagrams and joining dots.</p> <p>Project work using different methods of enquiry to study psychological phenomena.</p>
DECEMBER	UNIT 9 MOTIVATION AND EMOTION	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Motivation 3. Types of Motives ☐ Biological Motives ☐ Psychosocial Motives 4. Maslow's Hierarchy of Needs 5. Nature of Emotions 6. Expression of Emotions ☐ Culture and Emotional Expression ☐ Cultural and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions <p>CHAPTER 7 , 8 and 9</p>	Group discussion on Maslow's hierarchy of needs
UNIT TEST-2	UNIT TEST II		
JANUARY	REVISION OF ALL SYLLABUS	REVISION	
	FINAL EXAMS		
FEBRUARY	FINAL EXAM		

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